



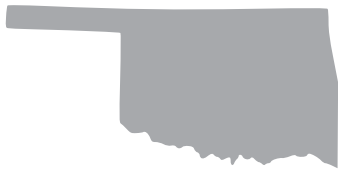
# Big Brothers Big Sisters<sup>®</sup>

OF OKLAHOMA

## PROBLEM

### #1 IN THE WORLD

Oklahoma has the highest rate of incarceration leaving 1 in 7 children with a parent in prison at some point in their childhood.



Children with a history of parental incarceration have a significantly higher risk of going to prison themselves.

#### ADVERSE CHILDHOOD EXPERIENCES (ACEs)

- PHYSICAL, EMOTIONAL OR SEXUAL ABUSE
- PARENTAL INCARCERATION
- NEGLECT
- PARENTAL MENTAL ILLNESS
- SUBSTANCE ABUSE
- PARENTAL SEPARATION OR DIVORCE
- DOMESTIC VIOLENCE

Trauma can disrupt brain development causing social, emotional, and cognitive problems throughout an individual's life, which increase the likelihood of risky health behaviors, chronic health conditions, difficulty functioning at school/work, and even early death.

**28.5%** of Oklahoma kids experience two or more of these before the age of 18

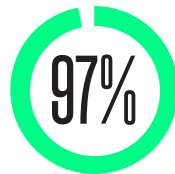
The single most important factor for a child to develop resiliency is having at least one stable and committed relationship with a supportive adult.

## SOLUTION

In a world of causes, Big Brothers Big Sisters of Oklahoma makes a difference by creating

### ONE-TO-ONE MATCHES

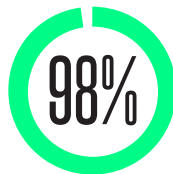
for kids who want to realize their full potential.



of Littles improved and maintained their **RELATIONSHIPS WITH PEERS**



of Littles increased and maintained their **ACADEMIC PERFORMANCE**



of Littles increased and maintained their **SELF-CONFIDENCE**



of Littles increased and maintained their **SENSE OF FUTURE**

**3,720+**

### VOLUNTEER HOURS DONATED IN 2020

Matches spend several hours together each month. In our Bigs in School program, matches meet for about an hour once a week. In the community program, matches meet 2-4 hours a few times a month.

**62** CHILDREN MATCHED WITH BIGS IN 2020



“I became a Big to help a child. I never considered how much I would get in return.”

Grant, Big Brother

**186+** LIVES IMPACTED

Bigs and parents report positive outcomes from the match, too!

[WWW.BBBSOK.ORG](http://WWW.BBBSOK.ORG)



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